

# MENTAL HEALTH/ PSYCHIATRIC TECHNICIAN (MENT)

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## **MENT 40 Introduction to Interviewing and Counseling**

**3 Units** (Degree Applicable)

Lecture: 54

Theory and practice in interviewing skills. Stresses application of counseling theories, helping skills, and consultation theories to allow exploration of self as a helper and learn facilitating skills to bring about change. Emphasis on establishing rapport, obtaining information, and developing a supportive relationship in a variety of mental health settings.

## **MENT 56 Medical-Surgical Nursing for Psychiatric Technicians**

**9 Units** (Degree Applicable)

Lecture: 162

Prerequisite: Admission to the Psychiatric Technician Program

Corequisite: MENT 56L

Holistic approach to assessment and intervention in the care of the medical-surgical patient. Examines physiological modes of rest and exercise, regulation, circulation, ventilation, reproductive, elimination, and the sensory system; medical-surgical nursing; care of the dying patient and cardiovascular problems; calculations of drug dosage and administration of medications; study of anatomy and physiology of the human body.

## **MENT 56L Medical-Surgical Clinical Experience**

**4 Units** (Degree Applicable)

(May be taken for Pass/No Pass only)

Lab: 216

Corequisite: MENT 56

Application, assessment, intervention, and evaluation of nursing treatment in the physiological modes of rest and exercise, regulation, nutrition, elimination, application of emergency procedures, circulation, ventilation, fluids, and electrolytes. Psychosocial aspects of care including interdependence, role function, self-concept, care of aged, and cultural aspects. Development and application of nursing skills for those with medical-surgical problems and special needs. Calculation and administration of medications. Roy's Adaptation Model serves as the conceptual framework.

## **MENT 58D Advanced Medical-Surgical Nursing and Pharmacology for Psychiatric Technician (PT)**

**4 Units** (Degree Applicable)

Lecture: 72

Prerequisite: MENT 56 and MENT 56L

Corequisite: MENT 58L

Concepts of nursing assessment and intervention for disease processes affecting body systems. Principles related to the safe administration of medications including classifications of medications and knowledge of specific medications. Roy's Adaptation Model serves as the conceptual framework.

## **MENT 58L Advanced Medical-Surgical Nursing for Psychiatric Technicians Clinical**

**1.5 Units** (Degree Applicable)

(May be taken for Pass/No Pass only)

Lab: 90

Prerequisite: MENT 56 and MENT 56L

Corequisite: MENT 58D

The application of nursing skills to patients with medical-surgical disorders which includes administration of medications utilizing the Nursing Process. Sister Callista Roy's Adaptation Model serves as the conceptual framework.

## **MENT 70 Introduction to Psychiatric Technology**

**1.5 Units** (Degree Applicable)

Lecture: 27

Prerequisite: Admission to Psychiatric Technician Program

Corequisite: MENT 70L

Role and function of the Psychiatric Technician. Includes mental health theories of personality development, self-concept, role function, and interdependence. Also includes developmental disabilities theories of sensorimotor techniques and positive behavior support techniques.

## **MENT 70L Introduction to Psychiatric Technology Clinical**

**2 Units** (Degree Applicable)

(May be taken for Pass/No Pass only)

Lab: 108

Corequisite: MENT 70

Clinical experience at mental health facilities within the community which serve individuals diagnosed with mental health and/or intellectual, physical, and other developmental disabilities. Acceptance into the Psychiatric Technician Program is required to take this course.

## **MENT 72 Nursing Care of the Developmentally Disabled Person**

**7 Units** (Degree Applicable)

Lecture: 126

Prerequisite: MENT 56 and MENT 56L and MENT 70 and MENT 70L

Corequisite: MENT 72L

Knowledge, skills, and attitudes necessary to safely teach individuals diagnosed with intellectual and developmental disabilities. Techniques of positive behavior intervention and support, behavior modification, and sensorimotor training are used, focusing on maximizing independence. Examines normal development from infancy to the aged. Examines the etiology of developmental disabilities.

## **MENT 72L Nursing Care of the Developmentally Disabled Person - Clinical**

**5.5 Units** (Degree Applicable)

(May be taken for Pass/No Pass only)

Lab: 297

Corequisite: MENT 72

Application of skills needed to teach and provide care for individuals with developmental disabilities.

**MENT 73L Psychiatric Nursing for Psychiatric Technicians Clinical**

**5.5 Units** (Degree Applicable)

(May be taken for Pass/No Pass only)

Lab: 297

Prerequisite: Admission to Psychiatric Technician Program. MENT 56 and MENT 56L

Corequisite: MENT 73T

Clinical instruction in the assessment and treatment of individuals diagnosed with mental disorders.

**MENT 73T Psychiatric Nursing for Psychiatric Technicians**

**6 Units** (Degree Applicable)

Lecture: 108

Prerequisite: MENT 56 and MENT 56L

Corequisite: MENT 73L and PSYC 1A (may have been taken previously)

Advisory: MENT 40

Theoretical instruction in the assessment and treatment of individuals diagnosed with mental disorders, medications used in the treatment of mental disorders, therapeutic communication and other therapeutic techniques, and assertiveness and leadership skills necessary for safe practice as a licensed Psychiatric Technician.

**MENT 82 Work Experience in Mental Health Technology**

**2 Units** (Degree Applicable)

(May be taken for Pass/No Pass only)

Lab: 120-150

Prerequisite: MENT 72 and MENT 73T and compliance with Work Experience regulations as designated in the College Catalog.

Provides students with on-the-job experience in the field of mental health, nursing skills, addiction paraprofessional training, and/or developmental disability, related to classroom instruction, at an approved work site. On-the-job experience at an approved work site. Requires 150 paid or 120 non-paid hours.